

OHA Nursing News

Prospective Student Athletes

Grade 3 – 8th Grade

Dear Parents,

Sports Participation requires the following **PERMISSION** and **HEALTH FORMS** to be on file in the Nurse's Office prior to the first day of practice. All forms are required by the State and OHA for the Health and Safety of your child/children. If any forms have not been submitted, the student athlete will not be allowed to participate.

All forms are available on the Oak Hill Academy Website.
Please print all forms and bring #5, #6 and #7 to your Physician for a Current Physical Exam.

<http://www.oakhillacademy.com/athletics>

1. **Athletic Permission Slip** – signed by parent
2. **Athletic Code of Conduct** (pdf) – signed by athlete and parent
3. **Concussion Fact Sheet** – signed by athlete and parent
4. **Cardiac Fact Sheet** – signed by athlete and parent
After reading *Cardiac Pamphlet*
5. **Health History Form** – signed by athlete and parent
(Bring to physical exam for **Physician** to read)
6. **Physical Evaluation Form** – signed by **Physician**
(State required every 365 days)
7. **Clearance Form** – must be signed in **2** places by **Physician**
8. **Health History Update Questionnaire** – signed by athlete and parent
(Only needed if physical was completed 90 days prior to the first day of practice)

A **New Athletic Permission Slip** is required for each season. (fall and spring)

Please bring all forms to the Nurse's Office. I will inform the Coach when the Student Athlete is cleared for the Sport.

Any questions - lmalinowski@oakhillacademy.com
I will be happy to assist you.

Sincerely,
Linda Malinowski RN
School Nurse
Oak Hill Academy